

# TRUMPET WARM-UP AND FLEXIBILITY STUDIES

BY DON FAGERQUIST

These two exercises are composed of scale fragments and minor third intervals. Seventh chords are outlined by these patterns. Either exercise will take the player through all keys if he chooses to continue their sequence. Number 1 is a descending pattern, number 2 ascending. Practice will be slow for most players until the figurations become spontaneous. Ultimately, they should be played at  $\text{♩} = 176$ . Both slur and tongue the exercises, keeping all notes in strict time. These warm-up and flexibility exercises are intended to sharpen the embouchure and fingers. The constant changing of notes should sharpen the mind as well.

1

C-7 F9 Bb-7 Eb9 Ab-7 Db9

F#-7 B9 E-7 A9 D-7 G9

C-7 F9 Bb-7 Eb9 Ab6

2

Eb- C7(b9) F-

D7(b9) G- E7(b9)

A- F#7(b9) B-

Ab7(b9) C#- Bb7(b9) Eb-

Note: chord changes were not originally included in this exercise. -JH